

RUN TO REMEMBER HALF MARATHON

PARTICIPANT WAIVER, RELEASE & ASSUMPTION OF RISK

July 19, 2026 • Sylvan Beach, NY • 13.1 Miles

Please read this document carefully before signing. By signing below, you acknowledge that you have read, understand, and agree to the terms and conditions set forth in this waiver.

1. ASSUMPTION OF RISK

I understand that participating in the Run to Remember Half Marathon (the "Event") is a potentially hazardous activity that involves inherent risks. I acknowledge that running 13.1 miles is a strenuous physical activity and that the risks associated with participation include, but are not limited to:

- Physical injury including sprains, strains, fractures, muscle damage, and joint injuries
- Cardiac events including heart attack, stroke, abnormal heart rhythms, and sudden cardiac arrest
- Hyperthermia (heat stroke), hypothermia, dehydration, hyponatremia, and other heat- or cold-related illness
- Injuries caused by other participants, spectators, animals, or course conditions
- Injuries caused by motor vehicle traffic, road surface conditions, or course terrain
- Exposure to adverse weather conditions including extreme heat, cold, rain, wind, lightning, and sun
- Illness, allergic reactions, or other medical emergencies
- Serious injury or death

I voluntarily assume all risks associated with participation in the Event, whether known or unknown, including risks that are not specifically listed above. I acknowledge that my participation is entirely voluntary and that I freely choose to assume these risks.

2. RELEASE AND WAIVER OF LIABILITY

In consideration of being allowed to participate in the Event, I hereby release, waive, discharge, and covenant not to sue the following parties (collectively, the "Released Parties"): Run to Remember, its organizers, directors, officers, employees, agents, and volunteers; all sponsors, partners, and vendors; the Village of Sylvan Beach; Oneida County; the State of New York; all municipalities and governmental bodies through which the course passes; all property owners along the course; medical and support personnel; and any other persons or entities connected with the Event.

I release the Released Parties from any and all claims, demands, causes of action, damages, losses, or expenses (including attorney's fees) arising out of or related to my participation in the Event, including but not limited to claims based on negligence, whether such claims arise before, during, or after the Event. This release is binding on me, my heirs, executors, administrators, and assigns.

3. MEDICAL CERTIFICATION & AUTHORIZATION

I certify that I am physically fit and have sufficiently trained for this Event. I have not been advised by a physician to refrain from participation in endurance running events. I understand that it is my responsibility to consult with a physician prior to and regarding my participation.

I authorize the Event organizers and designated medical personnel to provide or arrange emergency medical care, first aid, and transportation to a medical facility if, in their judgment, such care is necessary. I understand that I am responsible for all costs associated with any medical treatment received.

4. PERSONAL PROPERTY

I understand that the Event organizers and Released Parties are not responsible for any loss, theft, or damage to my personal property, including but not limited to clothing, equipment, electronics, vehicles, and valuables left at bag check, the

starting area, or any other location associated with the Event.

5. MEDIA RELEASE

I grant the Event organizers, sponsors, and their designees the irrevocable right to use my name, voice, image, likeness, and biographical information in photographs, video recordings, broadcasts, webcasts, and any other media, in any form now known or hereafter developed, for any purpose including but not limited to advertising, promotion, and editorial use, without compensation or further notification.

6. INDEMNIFICATION

I agree to indemnify, defend, and hold harmless the Released Parties from and against any and all claims, demands, actions, suits, damages, liabilities, losses, settlements, judgments, costs, and expenses (including attorney's fees and costs) that arise out of or are in any way related to (a) my participation in the Event, (b) my breach of this Agreement, or (c) any act or omission by me in connection with the Event.

7. HEALTH & ILLNESS ACKNOWLEDGMENT

I acknowledge that participation in the Event may increase my risk of contracting communicable illnesses, including but not limited to COVID-19 and influenza. I agree that I will not participate if I am experiencing symptoms of any communicable illness, have tested positive for COVID-19 within 10 days prior to the Event, or have been in close contact with a person known to be infected. I understand that the Event organizers may implement health and safety protocols and I agree to comply with all such protocols.

8. ADDITIONAL TERMS

I agree to abide by all Event rules, regulations, and instructions from Event officials. I understand that the Event organizers reserve the right to remove me from the course or deny my participation at any time for any reason, including but not limited to failure to meet cutoff times or unsafe conduct. No refunds will be given for removal from the Event.

This Agreement shall be governed by the laws of the State of New York. If any provision of this Agreement is found to be unenforceable, the remaining provisions shall remain in full force and effect. This Agreement constitutes the entire agreement between the parties with respect to its subject matter.

PARTICIPANT AGREEMENT

By signing below, I acknowledge that I have read this Waiver, Release, and Assumption of Risk in its entirety, that I fully understand its terms, and that I am voluntarily giving up substantial legal rights. I agree to be bound by this Agreement.

Participant Printed Name: _____

Participant Signature: _____

Date: _____

Email: _____

Phone: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

FOR PARTICIPANTS UNDER 18 YEARS OF AGE

If the participant is under 18 years of age, this Agreement must be signed by a parent or legal guardian. As the parent/guardian, I consent to the minor's participation in the Event and agree to the terms of this Waiver, Release, and Assumption of Risk on behalf of the minor participant.

Parent/Guardian Printed Name: _____

Parent/Guardian Signature: _____

Relationship to Participant: _____

Date: _____

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